



Fiber Plus

Many individuals today have a difficult time obtaining the recommended 20-30 grams of dietary fiber on a daily basis through their diet alone. Fortunately there is Fiber Plus! The ingredients in Fiber Plus together along with a diet low in saturated fat and cholesterol, may help support healthy cholesterol levels and the cardiovascular system.*

Adding Fiber Plus to your diet:

- Promotes optimal digestive health.*
- Supports colon health.*
- Enhances your immune system to keep you healthy.*
- Control weight by helping you feel full longer and curb cravings.*

Fiber Plus is the perfect blend of natural dietary fibers. The proprietary blend of ingredients in Fiber Plus provides dietary fiber to support digestive and elimination processes while gently supporting the gastrointestinal tract.*

Fiber Plus contains 100% functional ingredients providing both soluble and insoluble dietary fiber, soothing apple pectin and FOS to nourish and promote friendly micro flora in the digestive system. Fiber Plus does not contain any flavors or sweeteners.

FIBER PLUS

DAILY MAINTENANCE

The ingredients in Fiber Plus together with a diet low in fat and cholesterol may promote and support healthy cholesterol levels and reduce risk of coronary heart disease. Fiber Plus is the perfect medium for cleansing your colon.

- Relives occasional constipation*
- Helps eliminate waste and toxins*
- Helps relieve digestive discomfort*
- Supports digestive balance*
- 100% Satisfaction Guarantee

Supplement Facts

Serving Size: 1 Rounded Teaspoon (Approx. 5.6g)
Servings per container: About 60

Amount Per Serving	% Daily Value
Calories 25	
Calories from Fat 5	
Total Fat 0.5 g	1%**
Sodium 5 mg	0%
Total Carbohydrate 4 g	1%**
Dietary Fiber 4 g	16%**
Sugars 0 g	
Iron 0.7 mg	4%
Proprietary Blend 5.6 g	†
Psyllium, Rice Bran, Apple Pectin and Fructooligosaccharides (FOS).	

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: None.

SUGGESTED USE: As a dietary supplement, adults take one teaspoon (approximately 5.6 grams) of Fiber Plus mixed into juice or water one to two times per day. Mix thoroughly and drink immediately. Follow with eight ounces of juice or water. For optimum results, consume at least eight glasses of purified water per day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.